

Rejuvenation MedSpa

760 Newtown Yardley Road, Suite 115
Newtown, PA 18940
215-504-8900

Patient's name: _____ Date: _____

THE OBAGI BLUE PEEL RADIANCE CONSENT FORM

The Obagi Blue Peel RADIANCE offers a unique blend of acids to provide a gentle but effective peel. It exfoliates the uppermost damaged skin resulting in tighter, smoother, brighter looking skin immediately after just 1 use. For best results, it is recommended to have 1 peel every 2-4 weeks, for a total series of 4-6 peels. Salicylic acid based peels are used to improve patient outcomes for a range of skin conditions, including acne scarring, photodamage, and melasma. Use of the **Nu-Derm System** 4-6 weeks prior to and following the patient's first peel is recommended in many cases and may result in a more even and visible outcome.

Depending on the condition of your skin, one to two layers of the Blue Peel Radiance will be applied. With each layer, you will experience a slight tingling sensation. The acid is self-neutralizing and this sensation automatically subsides within 3-5 minutes. Your skin will begin to peel within 3 days and should be through the peeling process within 7-10 days. In most cases, the peeling should not interfere with your lifestyle. The **Obagi Therapeutic Moisturizer** is recommended to help aid with the peeling of the skin.

Avoid the following products and procedures on the area to be peeled for 5-7 days prior to the peel:

- Laser hair removal
- Waxing
- Depilatory creams
- Electrolysis

There are certain products that may increase skin sensitivity and/or cause a stronger reaction to the peel if used up to the day of the peel. Patients should avoid use of the following products for 3 days prior to the peel:

- Topical retinoids and tretinoin (such as Retin-A, Renova, Differin, Tazorac, and Refissa)
- Other topical acids or exfoliants that may be drying or irritating to the skin (such alpha hydroxy acids [AHAs], beta hydroxy acids [BHAs], exfoliating masks, retinols, hydroquinone, and benzoyl peroxide acne products)

CAUTION: Patients who have recently had any medical aesthetic facial treatments or procedures (laser treatment, microdermabrasion, etc.) should wait to have any acid based peel until all lingering skin sensitivity has subsided.

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Peels are not recommended for:

- Active cold sores herpes simplex, or warts in the area to be treated
- Wounded, sunburned, or excessively sensitive skin within the application area
- Currently pregnant
- Dermatitis or inflammatory rosacea within the peel application area
- Accutane use within 12 months prior to the peel application
- History of radiation therapy in the application area
- Allergies to salicylates

I hereby declare that I have read and fully understand the information explained to me in this consent form. No guarantees were made regarding the results or potential risks. All my questions have been answered in a satisfactory manner and I consent to Rejuvenation MedSpa performing the **Obagi Blue Peel Radiance**. I understand the need to follow the post peel instructions and to return as directed for follow-up instructions.

Patient Signature

Date